

Peer Health Education Program

What is peer education?

Peer education is students learning from other students. The goal is to help students develop the tools needed to make informed choices regarding their own health.

Who are Peer Health Educators?

Peer Health Educators are students who combine their specialized training in health education and wellness with a desire to make a difference on campus. Peer Health Educators are responsible, enthusiastic, dedicated students leaders, who work to educate the campus about health issues.

What topics do Peer Health Educators discuss with students?

Peer Health Educators are trained to inform students about many health topics including: alcohol and drug awareness, reproductive/sexual health, nutrition and physical activity and mental health.

What are the responsibilities of a Peer Health Educator?

- Work up to eight hours a week during Spring and Fall Semesters (Minimum 2 Semester Commitment)
- Attend a weekly training meeting
- Participate in different outreach activities such as health events on the quad or in the residence halls
- Present health education informational sessions to different student groups
- Assist with the development of flyers, brochures and other promotional materials
- Create bulletin board displays pertaining to different health topics
- Provide brief one on one health education to students
- Assist the Health Educator with additional tasks as needed

Are Peer Health Educators paid?

Yes Peer Health Educators will be classified as Student Class II Assistants and will be paid \$9.50 per hour.

What benefits might I gain from being a Peer Health Educator?

- Gain extensive knowledge about different health topics
- Develop teaching, communication, presentation and group facilitation skills
- Gain experience in health education that can be useful when applying to future jobs or graduate school
- Become part of a Peer Health Education Team that will make a difference on campus

How do I apply to be a Peer Health Educator?

Applications will be available at the Student Health Center in November 2009.

For more information please contact:

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